

# R.M. COCHRAN COMPANY, INC.

Newsletter - September 2012

MAKING IT LOOK LIKE NEW!!



# CONTRACTING DIVERSITY

## Experience Counts

Since we've been in business for over 15 years, you'll benefit from our diverse experience in construction including office building renovations, office fit-ups, fire restoration, and turnovers. Our unwavering commitment to professional excellence has taken us to the forefront of the industry.

Beyond our team of professionally skilled tradesman, our expertise with the requirements of the building department insure that the permitting and approval process will go smoothly.

We also pride ourselves in providing project visibility. Our team of project managers can use the latest technology to keep you in the loop every step of the way. Feat not, we also understand that people communicate in different ways. As a result, we make sure to tailor project communication to your style so that everything goes as smoothly as possible.

So next time you need a contractor for an office renovation, remodel, or fit-up, please call or email us for a proposal.

In the meantime, here are some details to consider for your next project. Though, there are many steps in a Fit-up, material selection is key. With varying lead times on carpet, cabinets and other essentials, selecting what you want and assuring it is within your budget is critical to the timely completion of your renovation. Here are some of the highlights.

## 1

## Flooring

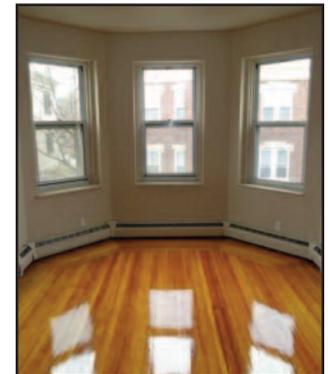
### Resilient Flooring

Resilient flooring is one of the most popular flooring materials used in commercial applications. It consists of products such as sheet vinyl, linoleum, vinyl composition tile (VCT), and rubber tiles and sheets.



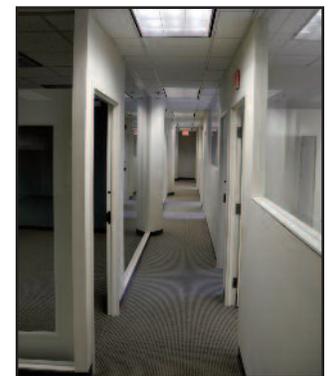
### Wood

While wood is one of the more expensive flooring options when it comes to upfront costs, it is also one of the best materials for long term investment. For commercial organizations interested in a lower cost option, they can look into engineered or laminate wood flooring, which looks virtually the same as solid wood, yet costs only a fraction of the price.



### Carpet

Carpet is a cost-effective and comfortable flooring option for many businesses. It has natural sound-insulation qualities that absorb noise. You can find carpet in a wide range of styles and colors to complement your commercial décor and make a better first impression on clients and customers. Regular vacuuming will keep your carpet clean and looking great.



### Ceramic Tile

Ceramic tiles offer a beauty that is unmatched by other flooring materials. Made from natural materials, ceramic tiles offer durability and style. Enhance your commercial décor with some beautiful ceramic tiles that emphasize the best parts of your office.



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## 2 Cabinets and Countertops

### Countertops

Available in all shapes, sizes and colors, countertops can be fabricated to fit any size space. Our clients usually select between Laminate (like Formica) or a Natural stone (Granite). One other option that is requested is a wood counter, with laminate surface that comes in countless finishes, patterns and colors.



### Cabinets

Cabinets can come in standard or custom designs. In most cases it is necessary to have the kitchen layout templated which assures a terrific finished look. However, templating can increase the lead time for the finished product.



Ask us for a swatch of finishes in order to insure you get the look and design you want.

## 3 Paint

### Paint

Paint selection is an important part of any office or commercial space renovation.

Color choices are countless but the question is how many? Whether you stick with one color or select multiple ones, you still need to decide what finish you may want. For commercial clients, we usually see two finishes. The first finish is satin, or eggshell paint, which is also known as a low-luster paint. This finish can be for any wall in your office. The other finish is semi-gloss which is used for trim.



## Other Fit-up Services

Divide Rooms: offices, labs, and classrooms.

Relocate biological safety cabinets, fume hoods, ductwork, electrical, plumbing, cabinets, shelving, equipment, etc.

Upgrade heating, cooling, and electrical (panels, and circuits), plumbing, etc.

Construct walls, partitions, concrete pads, sidewalks, ramps and install windows.

Fabrication: cabinets, shelving, hoods, ductwork, and signs.

Installation: equipment, piping, wiring, conduit, workstations, flooring (carpet or tile), cove base, window covering (blinds), sound proofing, ceiling tile, thermostats, etc.

ADA upgrades: construct ADA restrooms, offices, classrooms and labs, install automatic door openers, widen existing doorways, etc.

# About RM Cochran Company

**R.M. Cochran Company** is a full service commercial contractor & property services firm serving the needs of **Commercial and Residential property management firms** throughout New England for more than a decade. This experience has given us an appreciation of the competing demands, deadlines and budget restrictions that you face.

**R.M. Cochran Company** is staffed with licensed and knowledgeable personnel that will be responsive to what you need. *We pride ourselves in maintaining critical industry certifications like Lead-Safe.* Our sole focus is assisting property managers in an efficient & affordable manner. With our comprehensive range of services, one convenient call gets the job done at a competitive price.

**R.M. Cochran Company** has earned its **reputation solely based on CUSTOMER SATISFACTION** through our quality workmanship, attention to detail and prompt service to our client base. As hundreds of our clients will tell you, we come highly recommended.



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## SERVICES & CERTIFICATIONS

### Masonry Restoration

Brick/Block repair or replacement, concrete patching, masonry pointing, epoxy injection and restoration cleaning.

### Waterproofing

Controlled water testing and leak troubleshooting, roof leak repair, caulking repair or replacement (window sealants/control jointing), masonry clear coating and concrete deck coatings.

### Concrete/Steel

Sidewalks, steps, walkways, ramps and railings (including ADA, interior/ exterior)

### Glass Replacement

Installations & replacement of insulated, plate & storefront glass

### Carpentry

Kitchens (ADA), doors (interior/ exterior: wood, steel & fire) and windows (new construction & replacement)

### Build Out/ Interiors

Framing, sheetrock, plaster, paint, flooring (carpet, VCT, hardwood) acoustical ceiling and MEPs

### Reasonable Accommodations & Worker Safety

Making facilities accessible for



the disabled (ADA grab bars & ramps), and the removal of physical barriers for the disabled. Fall Protection for your employees and vendors.

### Fire Escape Inspections & Certificates

We also provide: Fire Escape Repairs and Replacements

### Lead Safe Certification

EPA requires individuals conducting lead-based paint activities (abatement, inspection, and risk assessment) in target housing and child-occupied facilities to be trained and certified. Our staff is



accredited to ensure quality, and certified individuals must follow specific work practices ensuring that lead hazards are addressed.